



HEALTH CENTER OLIMIA

Service price list



**CENTER
ZDRAVJA
OLIMIA**
OLIMIA GROUP

RECEPTION OPENING HOURS

Monday – Wednesday	7.00–17.00
Thursday	7.00–19.00
Friday	7.00–17.00
Saturday	7.00–13.00

P: +386 3 829 78 02

E: center.zdravja@terme-olimia.com

The price list applies from 1. 4. 2026.
All prices are in EUR and include VAT.
We reserve the right to change prices and other terms of sale.

Terme Olimia d. d., Zdraviliška cesta 24, SI - 3254 Podčetrtek
03 829 78 36 | info@terme-olimia.com | www.terme-olimia.com

Improving well-being and restoring motion

Health is energy and well-being. It is one of the greatest values and the source of life quality. Therefore, at Health Center Olimia, we put you and your health first. Together with our experienced experts, we improve your well-being and restore the most important thing – your motion.

In pain management, we help ourselves with all the renowned manual techniques of experienced physiotherapists and modern technology. Your body is also taken care of by the most valuable sources of nature – water, mud, and oxygen.

Visit Health Center Olimia when you need a quick check-up with a specialist physician, when you want to relieve pain after injuries and surgeries and exercise your body. Try our water baths, Fango wraps, Carbofit therapy and house massages that provide relaxation and regeneration. We also offer nutritional counselling, as we believe that proper nutrition is an important source of health.

HEALTH CENTER OLIMIA SERVICE PRICE LIST



Specialist examinations and treatments

Book a self-pay check-up with physicians and specialists at our Health Center and regain your health and well-being without long waiting for a check-up and treatment. In addition to the medical examination, we offer self-pay examinations with a physiatrist, orthopaedist, and neurosurgeon. We will gladly accept you for a health resort treatment; we offer both inpatient and outpatient health treatment.

Specialist examinations and treatments

Examination by a specialist physiatrist 100,00 €

Re-examination by a physiatrist 50,00 €

First examination by a specialist orthopaedist/neurosurgeon with results 120,00 €

Extended examination by a FRM specialist/orthopaedist/neurosurgeon for a second opinion 150,00 €

Re-examination by a specialist orthopaedist/neurosurgeon 62,00 €

Blockade application 60,00 €

Guided blockade via ultrasound 100,00 €

Injection of hyaluronic acid into the joint 200,00 €

The production of hyaluronic acid, a "lubricant" for joints, decreases over the years, the cartilage on the surface of the joint begins to thin and weaken, and the wear of the joints begins. The solution of highly purified sodium hyaluronate promotes the renewal of cartilage in the joints, helps in damaged meniscus in knee joint and after arthroscopic procedures.

Collagen injection 70,00 €

Package 5x injection of collagen into the joint 315,00 €

Package 7x injection of collagen into the joint 390,00 €

Package 10x injection of collagen into the joint 525,00 €

Collagen is the basic building block of connective tissues (skin, joint and muscle envelopes, ligaments, tendons). It is renewed very slowly, and the lack thereof is one of the causes of wear of the joints, spine, and soft parts around the joints. The addition of collagen to the joint and around it helps in the treatment of degenerative changes in the knees, shoulders, hips, tennis elbow, spine, nerve irritation and sciatica.

Injection of collagen into the joint 94,00 €
with physiotherapeutic treatment 15 min

Package 5x injection of collagen into the joint 395,00 €
with physiotherapeutic treatment 15 min

Package 7x injection of collagen into the joint 510,00 €
with physiotherapeutic treatment 15 min

Package 10x injection of collagen into the joint 700,00 €
with physiotherapeutic treatment 15 min

Additional physiotherapeutic treatment ensures greater effectiveness of the method.

Application of collagen with ultrasound and physiotherapeutic treatment 15 min	80,00 €
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Package 5x application of collagen with ultrasound and physiotherapeutic treatment 15 min	360,00 €
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Package 7x application of collagen with ultrasound and physiotherapeutic treatment 15 min	450,00 €
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Package 10x application of collagen with ultrasound and physiotherapeutic treatment 15 min	600,00 €
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Ultrasound allows the medicine to be absorbed through the skin, so collagen can be introduced directly into the affected joint.

ECG scan	25,00 €
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ECG scan with medical consultation	50,00 €
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Wound redress	20,00 €
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Ear rinsing	25,00 €
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Ultrasound diagnostics

Ultrasound examination of joints and muscles	100,00 €
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Ultrasound examination	100,00 €
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Ultrasound re-examination	50,00 €
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Acupuncture

Acupuncture	60,00 €
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Examination by a physician three therapies	140,00 €
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Examination by a physician five therapies	200,00 €
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Acupuncture eliminates painful syndromes in the cervical, thoracic, and lumbar parts of the spine, in intercostal neuralgia, rheumatoid arthritis, headaches, hip and knee pain, tennis elbow pain and wrist passage syndrome.

Physiotherapy

At the Health Center, we perform professional physiotherapy consultations, manual therapy supported by the use of modern devices such as TECAR, high-performance magnet SIS, ENF device, electrical stimulation, magnetotherapy and other procedures, depending on your diagnosis. With them, we not only eliminate pain, but also accelerate tissue regeneration, improve blood circulation, and reduce inflammation or chronic pain. The therapies contribute to the relaxation of muscle tension, increase mobility, and improve posture and overall body balance.

Manual physiotherapeutic treatments

Physiotherapeutic treatment 15 min	40,00 €
Physiotherapeutic treatment 30 min	70,00 €
Physiotherapeutic treatment 50 min	100,00 €

Physiotherapeutic treatment 15 min Package 3x	110,00 €
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Physiotherapeutic treatment 15 min Package 5x	160,00 €
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Physiotherapeutic treatment 30 min Package 3x	180,00 €
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Physiotherapeutic treatment 30 min Package 5x	300,00 €
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Physiotherapeutic treatment is intended to identify the causes of your problems and restore movement using tried and tested methods (Maitland®; Cyriax®; three-dimensional mobilization of joints, nerves, fascia, myofascial trigger points; IASTM® therapy). Our advantage is targeted treatment that reduces pain and improves mobility.

Self-pay physiotherapy

– no queue by FTH order

Package 5x physiotherapy 30 min	180,00 €
Package 7x physiotherapy 45 min	350,00 €
Package 7x physiotherapy 60 min	450,00 €

Pain Relief Clinic K3

Pain relief clinic K3 80 min	120,00 €
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The professional physiotherapy consultation is followed by manual therapy, supported by the use of modern devices such as TECAR, high-performance magnet SIS, ENF device, electrostimulation, magnetotherapy and other procedures suitable for dealing with your diagnosis. We recommend 3-10 therapies.

SIS Therapy

Super Inductive System

SIS therapy 15 min	35,00 €
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Package of at least three SIS therapies	30,00 € / therapy
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The technology is based on a high-intensity electromagnetic field that, when interacting with the human body, causes depolarization of neuromuscular tissue and thus muscle activation. With the technology, we reduce pain, achieve joint mobilization, better intra-articular movement, accelerate fracture healing (also through immobilization with plaster), reduce spasticity (affecting muscle relaxation) and stimulate muscle activation (muscle strengthening).

Treatment of trigger points 30 min	45,00 €
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Treatment of myofascial trigger points reduces tension in the treated muscles.

Taping	20,00 €
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Applying elastic bands directly to the skin reduces pain, swelling and improves the flow of fluids in the treated area.

TECAR Therapy

TECAR therapy 10 min	25,00 €
TECAR therapy 15 min	40,00 €
Package of at least three	20,00 €
TECAR therapies 10 min	/ therapy

The TECAR technology is important in rehabilitation therapies because it reduces pain, stimulates venous and lymphatic drainage, eliminates pain in the spine, helps with injuries to joints, bones and muscles, eliminates inflammation of tendons and bursae, helps in the treatment of osteoporosis... The therapy is also suitable for all types of sports injuries.

Zamar Cooling-heating therapy

Cooling-heating therapy 20 min	25,00 €
Package	20,00 €
(minimum 3 therapies)	/ therapy

Zamar cryotherapy helps reduce inflammation and swelling in case of injuries. It works without ice or water and provides a constant temperature from -5 to +45 °C. It allows compression and an unlimited number of applications. Especially in summer, it keeps your legs fresh and ready for new physical activity as quickly as possible. It is also suitable for athletes.

Dry Needling

Dry needling 30 min	50,00 €
Package 3x dry needling	120,00 €
Package 5x dry needling	200,00 €

Dry Needling is an invasive physiotherapeutic procedure in which one or more needles of different lengths are inserted into the soft tissue. It is used to eliminate acute pain, improve mobility, activate muscles and myofascial trigger points, eliminate chronic pain and restrictions in soft tissue movement.

ENF Therapy

Electro Neuro Feedback

ENF therapy	35,00 €
Package of at least three	30,00 €
ENF therapies	/ therapy

The ENF technology (Electro Neuro Feedback) is an advanced technology for non-invasive pain treatment. It uses low frequencies of electrical impulses that are adapted to the body's response, allowing the therapy to be adjusted immediately according to the current state of the tissue. The goal of ENF therapy is to reduce pain and promote healing by activating the body's natural processes, so it is mainly used in the relief of chronic pain, muscle, and joint injuries, and in regeneration after surgery.

Shockwave Therapy

Shockwave therapy 5-20 min	50,00 €
(during the first physiotherapy treatment)	

Shockwave therapy is a non-invasive method used to treat musculoskeletal problems. It helps with calcifications in the shoulder, tennis or golfer's elbow, jumper's knee, Achilles tendon problems and heel spurs. It promotes regeneration and reduces pain and inflammation.

Shockwave package I	225,00 €
physiotherapist examination, 3x shockwave therapy, 3x TECAR therapy	

Shockwave package II	330,00 €
physiatrist examination, 5x shockwave therapy, 5x TECAR therapy	

Kinesiotherapy

Individual therapeutic exercises with a kinesiologist 30 min	40,00 €
Individual therapeutic exercises with a kinesiologist 45 min	50,00 €
Individual therapeutic exercises according to the DNS technique 30 min	40,00 €
Individual therapeutic exercises according to the DNS technique 45 min	50,00 €
Group exercise – kinesiological and relaxation training 60 min	70,00 €
Group exercise using the DNS method 20 min	35,00 €

Correction of the wrong movement pattern, which most often occurs due to forced posture, injuries, and uniform movement, eliminates pain and consequently acts preventively on possible later wear of the joints.

Lymphatic Drainage

Manual lymphatic drainage according to Dr. Vodder 20 min	30,00 €
Package 3x manual lymphatic drainage 20 min	80,00 €
Package 5x manual lymphatic drainage 20 min	125,00 €
Package 7x manual lymphatic drainage 20 min	180,00 €

Manual lymphatic drainage according to Dr. Vodder 40 min	60,00 €
Package 3x manual lymphatic drainage 40 min	160,00 €
Package 5x manual lymphatic drainage 40 min	250,00 €
Package 7x manual lymphatic drainage 40 min	330,00 €

Manual lymphatic drainage according to Dr. Vodder 60 min	80,00 €
Package 3x manual lymphatic drainage 60 min	210,00 €
Package 5x manual lymphatic drainage 60 min	360,00 €
Package 7x manual lymphatic drainage 60 min	450,00 €

The goal of manual lymphatic drainage is to balance fluids in the body. With a special therapeutic method, excess liquids are flushed from the intercellular spaces, thus cleaning the waste products. It is used to reduce swelling after injuries, surgeries, sports injuries, rheumatic diseases and to improve immunity.

Mechanical lymphatic drainage	25,00 €
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Mechanical lymphatic drainage (by means of an apparatus) affects a better lymph flow and the cleaning of waste products from the intercellular spaces.

Vacusac – vacuum therapy	25,00 €
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The under pressure generated by the apparatus and the cuffs improves peripheral circulation. Extremely useful in circulatory disorders, problems with metabolism, post-traumatic and lymphatic system problems.

Through nutrition to health

Proper nutrition is the foundation of health, well-being, and vitality. A balanced and quality diet contributes to the optimal functioning of the body, strengthening the immune system and improving physical and mental performance. Our nutrition consultants have prepared a wide selection of nutritional services for you, which we fully adapt to your needs and wishes.



Nutritional Counselling and Measurements

**Body composition measurement –
guided Tanita with a dietitian** 20 min 30,00 €

The measurement of body composition with the Tanita device is based on the bioelectrical impedance method (BIA), which measures the conductivity of the body and based on this, determines the proportions of body fat, visceral fat, muscle mass, water, and bone mass. The method provides a comprehensive insight into your health and is great for tracking progress towards your fitness goals. Based on the results obtained, the dietitian offers you tailored dietary advice to help you achieve your goals and improve your overall health.

**Nutritional consultation with
dietitian and included Tanita** 45 min 50,00 €

Based on the composed questionnaire and basic data (body weight, height, and age), the dietitian proposes optimal nutritional guidelines that ensure a high level of well-being and reduce the chances of developing diseases. The consultation includes a guided examination with Tanita. You can upgrade the consultation by conducting nutritional counselling on a monthly basis – even remotely.

Individual Dietary Consultations with a Dietitian (Remote Counselling Option)

Weight management 50,00 €
/ consultation

Adequate body weight is key to maintaining health. Low body weight may indicate nutrient deficiency or malnutrition, which increases the risk of a weakened immune system and other health problems, while high body weight increases the risk of developing many diseases, such as obesity, diabetes, and cardiovascular disease. Through nutritional counselling, individuals learn the importance of a balanced diet tailored to achieve and maintain a healthy weight and long-term well-being.

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Nutrition and planning of pregnancy 50,00 € / consultation

The period of 2-3 months before conception is extremely important, as improved nutrition of both partners during this time can create better conditions for conception. A balanced diet rich in the necessary vitamins, minerals and other nutrients not only supports the health of reproductive cells but also contributes to better overall health and well-being of both future parents.

Nutrition and pregnancy 50,00 € / consultation

Pregnancy is a time when the health of the mother and the development of the child are especially dependent on nutrition. By choosing the right nutrients, you can support the optimal growth and development of your baby and maintain well-being throughout your pregnancy. Through nutritional counselling, you will provide all the key vitamins, minerals, and nutrients necessary for a healthy start in your child's life and at the same time take care of your body.

Nutrition and menopause 50,00 € / consultation

With proper nutrition during menopause, we can effectively manage the physical changes that accompany this period. A balanced diet can help alleviate symptoms such as hot flushes and mood swings, help maintain muscle mass, and support bone health. In addition, it helps maintain a healthy weight, which has a significant impact on the quality of life during this period.

Sports nutrition 80,00 € / consultation

Sports nutrition is key to achieving the best results and maintaining the optimal health of athletes. With a proper nutrient selection, you can support physical performance, accelerate regeneration, and improve endurance. With the help of nutritional advice, we help you to ensure the right balance of proteins, carbohydrates, fats, and other essential nutrients, which helps to achieve sports goals and maintain physical health.

Microbiota and children's health 50,00 € / consultation

The microbiota has a great impact on the health of children, as it supports their immune system and overall well-being. With a proper diet rich in fibre, probiotics, and prebiotics, we can stimulate the growth of beneficial bacteria in the intestines. Nutritional counselling helps provide the child with the right nutrients for microbiota balance and better health.

Evaluation of the food diary 50,00 €
(option of remote counselling)

The dietitian performs an assessment of eating habits based on a 24-hour recall of the previous day's menu or an analysis of a 3-day dietary diary. Based on these data, the dietitian assesses whether the daily nutrient needs (proteins, fats, carbohydrates, vitamins, minerals) are adequately covered and advises on the necessary dietary improvements to achieve better health and optimal nutritional supply.

Weekly menu 50,00 €
(option of remote preparation)

With the help of a weekly menu, you can provide a diverse selection of nutrients tailored to your needs and prevent deficiencies in key vitamins and minerals. You can get a menu that is nutritious, easy to prepare and tailored just for you.

Any further consultation 30,00 €
with a dietitian / consultation

Vitamin C infusion 80,00 €

Package 3x Vitamin C infusion 210,00 €

Package 5x Vitamin C infusion 320,00 €

Vitamin C plays an important role in the immune system, the formation of collagen, the normal functioning of blood vessels and bones, the nervous system, and the reduction of fatigue. Its lack may reduce the body's ability to perform those tasks. Intravenous infusion provides vitamin C intake when lacking energy, vitality, in severe diseases and after surgery. It also helps to improve the immune system, after viral diseases and higher stress (businessmen, athletes, students during exam periods).

Vitamin C injection 30,00 €

A woman with her eyes closed, wearing a brown bikini, is relaxing in a white hot tub. She is leaning back against the edge of the tub, and her skin appears wet and glistening. The background is a light-colored tiled wall with a white shelf.

Thermal water – Healer of diseases

The source of health of Obsotelje and well-being is thermal water, whose beneficial effects restore balance inside and outside your body.

The slightly radioactive thermal water with a temperature of 30 °C to 37 °C contains magnesium, calcium, and hydrogen carbonates. It has a beneficial effect on the reduction of negative health effects and consequences of stress, relieves muscle tension and increases blood circulation of tissues. It invigorates and strengthens and accelerates the release of the happiness hormone.

Try healing treatments with thermal water, guided exercises in swimming pools, drink a glass for your health or simply enjoy its flow and undulation.

Baths in Thermal Mineral Water

Pearl bath in thermal mineral water	30,00 €
Pearl bath in thermal mineral water with supplements	40,00 €
Soda bath in thermal mineral water	40,00 €
Magnesium bath in thermal mineral water	40,00 €
Bath for rheumatic diseases	40,00 €
Detoxification bath	40,00 €
Lemon balm bath	40,00 €
Romantic bath	40,00 €
Bath in thermal mineral water with galvanic current	30,00 €

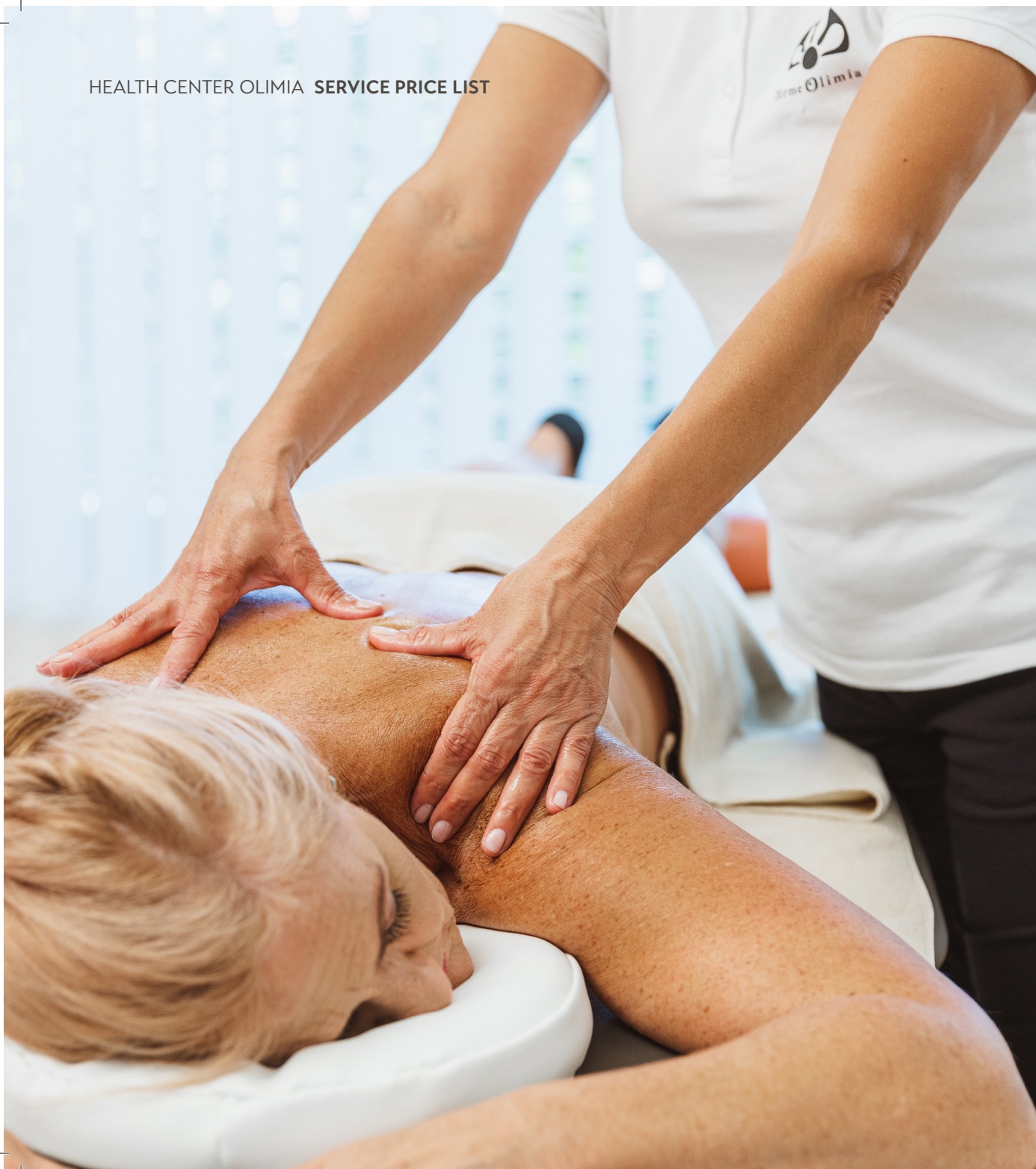
The bath with pure spring thermal water directly from the spring is excellent for relaxing the body, as it increases blood circulation of tissues, invigorates, and strengthens the body's defence mechanisms. Besides, thermal water calms the mind.

Inhalations

Inhalations with thermal mineral water	20,00 €
Inhalations with thermal mineral water and supplement	25,00 €

Inhalation cleanses the stressed airways due to seasonal illnesses, colds, inflammation of the sinuses.

HEALTH CENTER OLIMIA SERVICE PRICE LIST



For relaxation and great well-being

At the Health Center Olimia, we offer carefully selected therapies that support your health, relaxation, and regeneration. Dry CO₂ baths, paraffin and parafango wraps, as well as various forms of electrotherapy, have a beneficial effect on circulation, relieve muscle and joint pain after injuries, and promote faster recovery. With a combination of different therapies and approaches, we help improve overall well-being.

Dry Baths with CO₂

Carbofit – dry bath with CO₂ 40 min	50,00 €
Carbofit – dry bath with CO₂ 60 min	70,00 €
Package 3x Carbofit 40 min	120,00 €
Package 5x carbofit 40 min	200,00 €
Package 5x carbofit 60 min	280,00 €

Dry carbon dioxide therapy widens the blood vessels and provides oxygen to tissues. Due to the accelerated blood flow and improved microcirculation, it affects the muscles, fascia, skin, and subcutaneous tissue. It quickly heals soft tissue damage, relaxes tense muscle structures, improves nutrient supply to muscles and connective tissue, relieves myalgia (muscle pain), reduces the length of regeneration after injuries and surgeries, improves joint flexibility, affects restless and heavy legs, improves immune resistance, slows down the aging process and reduces cellulite. It is suitable for athletes (faster degradation of lactate, rapid elimination of metabolic products, after strenuous training). Carbofit also provides longevity and beauty of mind and body.

Hot-Cold Therapies

Parafango back wrap	25,00 €
Package 3x parafango	60,00 €
Package 5x parafango	90,00 €
Package 7x parafango	120,00 €

The pleasant warmth of Fango or mud improves blood circulation and reduces the tension of the muscles and facias of the back.

Paraffin – wrap	20,00 €
Package 3x Paraffin	50,00 €
Package 5x Paraffin	70,00 €
Package 7x Paraffin	100,00 €

Paraffin wrap accelerates regeneration, improves lymphatic flow, and reduces fatigue and joint pain in the hands and arms.

Joint cooling with controlled temperature	20,00 €
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The cooling of the affected part of the body with a special device reduces pain and swelling and speeds up treatment after surgical procedures, injuries, acute and chronic diseases.

Electrotherapy

Anti-pain electrotherapy (IF, DD, TENS)	20,00 €
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The method relieves various pains by means of low-strength electrical currents applied via electrodes.

Muscle electrostimulation	20,00 €
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With the help of electrical impulses, the device stimulates weak muscles and helps in faster rehabilitation after injuries and surgeries

HEALTH CENTER OLIMIA SERVICE PRICE LIST

Rebox Therapy 20,00 €

Therapy with the help of a device improves local acidosis or acidification. It is used to reduce both acute and chronic pain and improve muscle tension; it helps with healing and regeneration.

Laser 25,00 €

Laser beams with different power and wavelengths improve circulation and oxygen delivery, accelerate cellular metabolism and healing. The laser is used for both acute and chronic conditions.

Bioptron 20,00 €

Polarized light therapy, which works in a natural way and has regenerative capabilities both on the skin and in deeper structures, is extremely effective in dermatological problems, wound healing, pain relief, mood disorders and paediatric indications.

Ultrasound + status 20,00 €

The treatment with ultrasonic activity of frequencies up to 3 MHz, which acts on the tissue as a mechanical micro massage and cavitation, is used to regenerate the affected tissues and promote blood circulation, reduce swelling, reduce or eliminate pain, inflammation, prevent muscle spasms, improve healing and soften postsurgical or post-traumatic scars, treat fresh muscle, ligament, tendon, bone and cartilage injuries.

Ultrasound with anti-pain electrotherapy 25,00 €

The combination of ultrasound and painkilling electrotherapy effectively reduces and eliminates pain.

Magnetotherapy 25,00 €

A magnetic field with a different frequency operates on a cellular level. It promotes faster cell renewal and microcirculation, which is why the organ systems in the body start working more properly.

Local UV Therapy 15,00 €

A simple method of UV treatment is effective in atopic dermatitis, hand eczema and psoriasis.

Schuman 3D board 20,00 €

The vibration board with a frequency of 7.8 Hz promotes the natural direction of the intercellular movement. With gentle biodynamic massage, blockages of the energy system are released to achieve harmony of physical and psychological health.

Ventosa 15,00 €

Ventosas or vacuum cups lift the skin and subcutaneous tissue, thus reducing swelling and pain.

Mechanical Exercising

Mechanical knee exercising – Kinetec 20,00 €

Mechanical shoulder exercising – Arthromot 20,00 €

Mechanical traction – lumbar or cervical spine 20,00 €

Kinetic home rental 10,00 € / day

Massages

Massage Amarena 40 min 50,00 €

Therapeutic house massage for anyone with spinal problems. The heating of the back muscles with cherry stones is followed by a targeted massage of the thigh and back muscles.

Massage Olimia 60 min 75,00 €

This unique massage, which is the result of the knowledge of our top massage therapists and physiotherapists, and the result of an integrated understanding of the human body and the balance of Yin and Yang.

Sports massage - partial 30 min 40,00 €

Sports massage 45 min 60,00 €

Sports massage 60 min 75,00 €

Therapeutic neck massage 30 min 40,00 €

The therapeutic treatment of the neck is suitable for anyone who feels tension in the neck and shoulder area or has frequent headaches. It consists of lymphatic drainage of the nape and fascia treatment in this area. Skin, subcutaneous tissue and muscle sheaths become relaxed, waste products from intercellular tissue are washed away.

Anti-stress therapy 40 min 50,00 €

Another therapy that is the result of the knowledge and experience of our therapists and masseurs. It affects the detoxification of the body and the maintenance of well-being. It consists of lymphatic drainage of the face, which helps the lymphatic vessels in relieving the burden and consequently strengthening the immune system and acting anti-stress, and Bowen's therapy.

Scar massage 10 min 20,00 €

The scar massage with different techniques encourages softening and peeling of the scars.

Classic full body massage 45 min 50,00 €

Classic massage - partial 15 min 20,00 €

Classic massage - partial 20 min 30,00 €

Classic massage - partial 30 min 40,00 €

Classic massage 60 min 67,00 €

The massage has a beneficial effect on overall well-being, improving circulation and relaxing muscles and muscle sheaths.

Relaxing foot massage 30 min 40,00 €

Treatment of reflex points on the feet affects all organ systems, muscles, and joints. It improves lymph flow, while the massage strengthens health and helps to detoxify the body.

Massage Packages

Package 5x massage 15 min	85,00 €
Package 7x massage 15 min	120,00 €
Package 5x massage 20 min	125,00 €
Package 7x massage 20 min	140,00 €

Surcharge for massages for guests on health treatment

Surcharge for massage 5 min	5,00 €
Surcharge for massage 15 min	15,00 €
Surcharge for massage 25 min	25,00 €

Maderotherapy

Maderotherapy 30 min	35,00 €
Maderotherapy 45 min	50,00 €
Maderotherapy 60 min	65,00 €

When buying 10 therapies, we give you a 20% discount.

Maderotherapy eliminates cellulite and the appearance of orange skin with specially adapted wooden rollers, as it accelerates microcirculation, breaks down fat cells that are entwined in clusters and transforms the body. It is a 100% natural technique that does not cause allergic reactions on the skin and is very similar to a massage. The therapy is not painful and does not cause bruising or welts. Blood and lymphatic vessels become more transient, the supply of oxygen and other nutrients increases, which improves tone and makes the skin more beautiful and firmer. We recommend a minimum of 10 therapies to achieve the goals.

Laboratory tests

Check the condition of your body with an analysis of key health parameters and prevent potential issues. Measurements of cholesterol levels, a complete blood count, or extended screenings allow for the early detection of imbalances in the body and timely adjustments to lifestyle or therapies.

Measurements are carried out every day during working hours. Blood sample collection for further tests is carried out every Tuesday and Thursday from 7:00 to 9.00h. Patients have to be fasting. We ask for an early announcement to the laboratory at least one day before the examination at the reception of Health Centre Olimia.

Measurement of cholesterol value	5,00 €
Measurement of blood sugar value	5,00 €
Estimation of vitamin C amount	7,00 €

Package of vitamins and minerals	55,00 €
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Vitamin B12, folic acid, vitamin D

The vitamin and mineral package is tailored to the season.

Thyroid package	55,00 €
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PSA Examination	25,00 €
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Food intolerance test	220,00 €
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Food intolerance is a negative reaction of the body to a particular food or food group. Due to the reduced possibility of absorption and metabolism of foodstuffs, health problems or various consequences may occur. The test result is a detailed list of foods that cause discomfort for all those who do not suffer from confirmed allergies or diseases and do not recognize the cause of their problems.

A test for intolerance in combination with nutritional treatment, where the dietitian informs you in more detail and advises you about the change in your eating habits based on the obtained results.

Basic examination package	20,00 €
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General condition:
HAEMOGRAM – complete blood count

Inflammation indicator: CRP

Preventive package	70,00 €
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General condition:
HAEMOGRAM – complete blood count

Blood sugar level:
glucose, glycated haemoglobin

Blood fat levels: cholesterol, triglycerides, HDL, and LDL

Renal status: urea, creatinine, urates

Liver: AST, ALT, GGT

Anaemia: iron, ferritin

Electrolytic mineral balance:
potassium, sodium, phosphorus, magnesium

Manager package – Extended Package	180,00 €
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General condition:
HAEMOGRAM – complete blood count

Blood sugar level:
glucose, glycated haemoglobin

Blood fat levels: cholesterol, triglycerides, HDL, and LDL

Renal status: urea, creatinine, urates

Liver: AST, ALT, GGT

Heart condition: CK, LDH

Anaemia: iron, ferritin

Electrolytic mineral balance:
potassium, sodium, phosphorus, magnesium

Hormones: thyroid (TSH), cortisol

Vitamins: vitamin D, vitamin B12

Other: f-Helicobacter pylori (stools), * urinalysis

** A cup should be bought at the pharmacy and bring a stool sample in it for examination.*

The package of laboratory examinations is suitable for people who sit a lot in their occupation and face high mental stress, as well as anyone else who would like to know more about their body.

RESERVATION OF SERVICES

Book your chosen service at Health Centre Olimia at least a few days before your desired appointment. This will help you get the right reservation for the time that works best for you.

BEFORE WE GET STARTED

Come to Health Center Olimia 10 minutes before the beginning of therapy, dressed in comfortable clothes or a bathrobe. Do not consume food and alcoholic beverages immediately before using the services. We recommend that you come without jewellery, phone, and wallet, as you will have to put them down before each therapy procedure. We are not responsible for lost items.

CANCELLATION OF SERVICES

Please let us know about an eventual cancellation at least 5 hours before your appointment. If you do not cancel the booked service and you do not make use of it, you will be charged 50% of the service price.

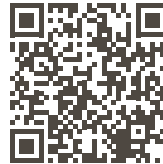
HEALTH ISSUES

We kindly ask you to warn us about any health issues or limitations when booking a service. This way, we will be able to suggest the treatments that are most suitable for you.

GIFT VOUCHERS

Bestow health and well-being. Make your loved ones happy with Terme Olimia gift vouchers. You can choose from service or value gift vouchers.

Purchase of gift vouchers:

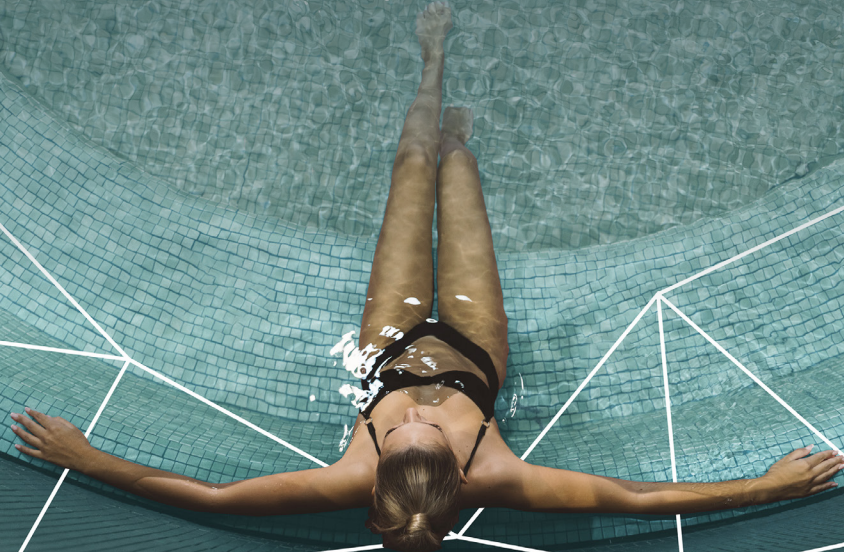


P: +386 3 829 78 36 (every day: 9.00–21.00)

The validity of the voucher is one year from the date of purchase. The recipient can use it for all services in Terme Olimia.



**WELLCARD
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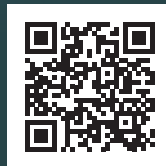
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