



Terme Olimia

SPA ARMONIA
Wellness Hotel Sotelia****s

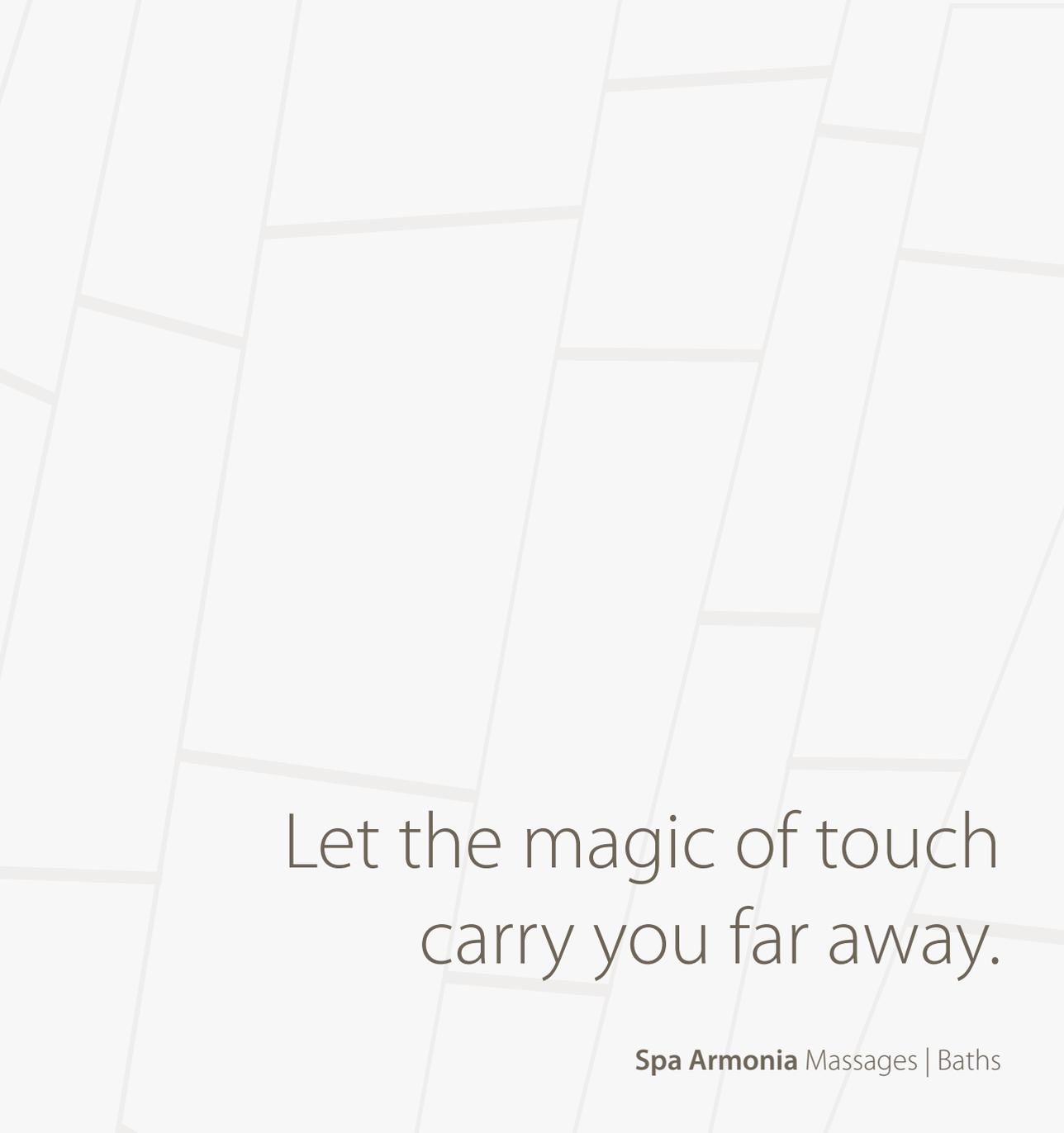
Price List

WORKING HOURS
Every day 9:00 - 21:00

SPA ARMONIA
T: +386 3 829 60 11
spa.armonia@terme-olimia.com

Price list is valid from 1/6/2018 until cancelation
All prices are in EUR and include VAT.
We reserve the right to change prices and sale conditions.

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Let the magic of touch
carry you far away.

Spa Armonia Massages | Baths



OUR RECOMMENDATION

Enjoy one of the house massages, which are the result of the knowledge and experiences of our therapists.

HOUSE MESSAGES

Massage Olimia

60 min. | 52,00 €

House recipe. An unique massage, acquire from the knowledge of the best masseurs and physiotherapists. It is the result of a holistic understanding of the human body and balancing Yin and Yang.

Massage Armonia

60 min. | 55,00 €

A touch of the whole body, based on the long-term experiences of our therapists. By combining Olimian honey and oils, made of extracts of local herbal tradition, we achieve an incredible relaxing, therapeutic and energetic harmony of the body.

Massage Vitae

60 min. | 52,00 €

A whole body massage, including various massaging techniques, among others the Japanese Shiatsu and the Chinese Tui-Na. Acupressure points are treated, improving the well being on the physical and mental level. We dedicate special attention to the spine and shoulder girdle. Special anti-stress oil is used, which calms and restores lost energy.

MASSAGES

Our guiding principles are professionalism, genuine individual approach and the building of mutual trust.

Anti-Stress Massage Kalma *80 min. / 65,00 €*

The Anti-Stress Massage Kalma is a therapy that will lead you to complete relaxation. Its a whole body massage, with special dedication to the back and legs. It relaxes muscle tension, accelerates the renewal of the energies of the body and soothes.

Luxury experience Massage *80 min. / 80,00 €*

A natural treasury of rich ingredients in combination with a unique massage activates the energy of well-being. It provides intensive skin regeneration in combination with a face mask and fresh Aloe Vera gel.

Relaxation Massage *20 min. / 21,00 €*
30 min. / 30,00 €
40 min. / 37,00 €

A relaxation massage with a beneficial effect on your overall well-being, muscle relaxation and blood circulation.

Face and Scalp Massage *30 min. / 29,00 €*

With this massage, we accelerate regeneration and improve elasticity of the skin and eliminate tensions in the head.

Hot Stone Massage *60 min. | 49,00 €*

Ancient therapy, where balsamic hot stones of volcanic origin are used, which have strong healing effects. The massage stimulates blood circulation, has a soothing effect on muscles and replenishes the body with fresh energy.

Foot Reflexology *30 min. | 30,00 €*

By treating the reflexive points on the feet, we influence all organic systems, muscles and joints. It improves lymph flow, strengthens your health and helps detoxify the body.

Chocolate Massage *60 min. | 52,00 €*

This massage improves the mood and pampers. It stimulates the production of serotonin - the hormone of happiness, nourishes and re-mineralizes skin. We recommend the chocolate massage against stress, when not feeling well and for exhausted skin with lack of tone.

Pantha rei *60 min. | 48,00 €*

Free your body from harmful substances with the help of this useful French lymphatic drainage - Pantha rei.

Spa Ritual Wine and Chocolate *60 min. | 60,00 €*

Anti-stress massage of the back, neck and shoulders with grape seed oil that will eliminate stress and everyday burdens. It is followed by facial cleansing, a nourishing mask and foot massage.

Magic face *60 min. | 53,00 €*

A treatment that will completely liven the radiance and freshness of your face. It works on skin tension and slows signs of ageing. After the cleansing and peeling of the face, you will relax completely, while the herbal mask will take effect. In this time enjoy the scalp and shoulder massage and enjoy a 20-minute facial massage.

Walking On Clouds *60 min. | 48,00 €*

A magical 60-minute foot treatment and massage of the head, neck and shoulders that completely balances the function of all internal organs and brings the whole body in perfect harmony. The treatment that includes a foot bath, peeling and mask will charm you for sure.



MASSAGES OF FARAWAY LANDS

Millennium old techniques, knowledge and experience from all over the world are united in a bouquet of massages from faraway lands, with a view to establishing physical, mental and emotional balance in the body.

Tibetan ritual

60 min. | 55,00 €

A mask from seaweed and Tibetan sea salt mixture and a selected essential oil wrapped into warm bundles that are used to knead and massage the whole body. We recommend it for a tired body without circulation, when lacking energy, when having a cold, being under stress or venous and lymphatic stagnation.

Hawaiian Massage

60 min. | 55,00 €

It is a unique, smoothly connected rhythmical full body massage. The therapist uses whole arms and is carried out to the sound of Hawaiian music.

Tibetan Bowl Massage

60 min. | 52,00 €

The unforgettable experience of the sounds of Tibetan Singing Bowls will take you to a state of deep peace and balance. The sound of the bowls breaks blockages, accumulated in the physical body and calms the emotional and mental body. During the massage, we can feel the beneficial waves on those parts of the body, where the Tibetan Bowls are placed, the immense therapeutic power of sound has a great influence on eliminating pain, stress, insomnia, migraine and other problems.

Massage Nisvana *80 min. / 65,00 €*

An unforgettable combination of sounds of Tibetan Bowls and therapeutic massage takes you to a state of deep peace and inner balance. The gentle sound vibrations break blockages in your body and influence muscle relaxation and completely prepare you for the effects of the therapeutic massage that follows.

Traditional Thai Massage *50 min. / 43,00 €
90 min. / 63,00 €*

It relieves pain, improves blood circulation, strengthens the immune system, increases joint flexibility and strengthens the internal organs. For the massage, thumbs, palms, elbows and knees are used. You are dressed in comfortable, light clothes.

Thai Massage with Aromatic Oils *50 min. / 45,00 €
90 min. / 68,00 €*

Acupressure points are stimulated, which balances and supports the flow of energy, thus stress is relieved. Aromatic oils have a beneficial effect on the skin.

Thai Massage with Herbs *50 min. / 49,00 €
90 min. / 71,00 €*

Thai Massage with warm herbs is a pain relieving regenerative massage that improves blood circulation, reduces pain in joints and muscles and maintains vitality. The correctly selected herbs and oils have a beneficial effect on the body.

Thai Foot Massage *40 min. / 34,00 €*

It supports the energy points of the body. It maintains vital functions of inner organs and stimulates the flow of life energy.

Massage from the Far East *50 min. / 52,00 €*

A synergy of Chinese philosophy and therapeutic effects of the TUI-NA massage. A special form of Chinese medical therapy relaxes muscles and stimulates the energy flow through the meridians. This massage also reduces pain, improves blood circulation and makes the body flexible and elastic.

AYURVEDIC MASSAGES

Ayurveda is the Indian science of “Life and Longevity”. It treats the human being as a whole and teaches to live in harmony with the laws of nature, but mostly it helps to live healthy. It encourages the well-being of the body, mind, emotions and spirit.

Abyanga the Olimje way *60 min. | 62,00 €*

In translation it means “anointing”. The Ayurvedic oil massage is carried out completely different from other classic massage techniques. By means of touch and warm oils, a calming, relaxing and haling effect is achieved. The massage is extremely recommendable for eliminating tension and stress. It accelerates body detoxification, renews skin and strengthens its tone. The massage re-establishes energy flow, which provides a feeling of freedom and complete relaxation.

Ayurvedic Head Massage *30 min. | 35,00 €*

Warm oil relaxes and relieves stress, improves energy flow and concentration.



PHARMOS NATUR

Pure nature. Experience it on your skin and enjoy the treatments with gel of a fresh Aloe Vera leaf and other natural agents.

Joy for life *90 min. | 75,00 €*

The skin will directly absorb over 100 agents that have a unique moisturizing complex and will thus rehydrate. Your skin will be intensively nourished with the Aloe-Vera gel from a fresh leaf and will become velvety smooth and flexible. Enjoy the wonderful massage of the face, neck and hands with the treasures of pure nature.

Joy for regenerate *60 min. | 84,00 €*

Precious ingredients stimulate the production of collagen and elastin, thus improving skin elasticity. Your facial lines will firm. You will feel the velvety softness of your skin and a wonderful sensation of full, toned skin.

Anti-Age Treatment with Aloe-Vera Gel from Fresh Leaves *90 min. | 100,00 €*

The Cellular Recovery Complex from the substances in the products, which is combined with hyalurone, works very effectively on skin moisturising and as a free radical scavenger. This will rejuvenate your skin. Your wrinkles will be smoothed out in a natural and very effective way, your connecting tissue will be regenerated and hydrated. The rejuvenation effect with long-term effect will be visible immediately!

Moisturising Face Treatment with Fresh Aloe Vera *60 min. | 65,00 €*

The high proportion of pure organic Aloe Vera juice and carefully selected precious plants and their oils give a soothing feeling on the skin and provide increased skin moisture. Suitable for dry skin in need of moisture and for youthful skin.

Rohini Facial Care *80 min. | 140,00 €*

Joins nature and luxury at the highest level. The rejuvenating and restorative herbal complex gives important impulses to the cells for regeneration and the creation of new, young cells.



GUINOT FACIAL CARE

Innovative treatments for face and body as well as high-tech and effective products without parabens, GMO-free and not tested on animals.

Hydradermie Double Ionisation 60 min. / 70,00 €

Hydradermie is a complete facial treatment, suitable for all skin states. The care includes different functions: DOUBLE IONISATION in which active agents are introduced again ageing, dark spots and to strengthen capillary walls, at the same time, we accelerate microcirculation and cleanse the skin. OXYGENATION in which by means of high frequency an antiseptic and anti-allergic effect is achieved and oxygen and new energy supplied to the cells. STIMULATING LIFTING MASSAGE with an active cream for firming and activation of cells and a special massage technique, we give skin shine and a healthy, radiant appearance.

Hydradermie Double Ionisation 60 min. / 85,00 €
Serum Gel Age Logic

Hydradermie complete process with DNA Protection

Hydrademie Lift Serum *60 min. | 80,00 €*
Gel Antirides

A treatment with immediate lifting effect. In this process, first waste material and fluids are eliminated through lymphatic drainage, in order to improve cellular metabolism, followed by directed stimulation, which induces muscle activity. Muscles are toned and naturally firm facial features, the depth of wrinkles is reduced, skin becomes toned and firm.

Hydradermie Lift Serum *60 min. | 90,00 €*
Gel Age Logic

Hydradermie lifting process with DNA Protection.

Age Summum *50 min. | 85,00 €*

A prestigious anti-age treatment for face and neck, in which skin is regenerated, toned and deeply nourished in just one hour. Dead epidermal cells are removed with a double peeling, microcirculation is accelerated and wrinkles are smoothed on the face. Then, an intensive anti-ageing serum with hyaluronic acid and pure Vitamin C is massaged into the skin, which stimulates cell renewal. This is followed by a special lifting massage that firms supportive fibres. The treatment concludes with an active pro-collagen mask, which makes skin radiant and rejuvenated.

Eye Logic *60 min. | 60,00 €*

A complete renewal of the area around the eyes and forehead, which simultaneously works against signs of ageing (wrinkles around the eyes and between eyebrows) and fatigue around the eyes (eye pouches and dark circles). Already after 60 minutes, your skin around the eyes is toned, fresh, rested, the depth of wrinkles is less evident, and some small lines might even disappear.

Aromatic Visage *60 min. | 60,00 €*

A facial aromatherapy with essential oils and mask with plant extracts for moisturising, balancing and soothing of the skin. The process relaxes facial features, smoothes out wrinkles, reduces excessive secretion of fat and achieves a shiny and firm look of the face. The massage also includes the stimulation of acupressure points on the face, the back and the head.

HYDRADERMIE DELUXE TREATMENTS

Hydradermie deluxe 90 min. | 120,00 €
Hydradermie Double Ionisation and Lifting

Hydradermie deluxe age logic 90 min. | 130,00 €
DNK Protection

**Hydradermie deluxe
and eye logic** 90 min. | 180,00 €

FACIAL CARE

Ultrasound Face Therapy 20 min. | 20,00 €

The ultrasound treatment is extremely effective at eliminating small wrinkles on tired skin and for toning the connective tissue and the provision of nutritional substances deep under the skin. We recommend it for face lifting, toning and drainage.

Eyebrow Shaping 6,50 €

Eyebrow Dyeing 5,50 €

Eyelash Dyeing 6,50 €

BODY CARE

Vitamin Body Peeling 20 min. | 21,00 €

Dead skin cells are removed through circular motions and circulation is accelerated. The skin becomes smooth, fresh and breathes easily.

Body relax 60 min. | 52,00 €

Dead skin cells on the surface are removed through circular motions and circulation is accelerated. This is followed by a relaxation massage of the whole body with aromatic oils. This care is perfect for pampering and the relaxation of mind and body.

**Seaweed Wrap
with Facial Massage** 40 min. | 40,00 €

The seaweed wrap tones and shapes the body, reduces fat deposits and detoxifies. In anti-cellulite and slimming programs, the seaweed wrap is indispensable. The facial massage during the wrap will ensure complete relaxation.

**Chocolate Wrap
with Facial Massage** 40 min. | 40,00 €

Intended for the care of dry, tired and exhausted skin. It nourishes the skin and protects it from ageing, moisturises it and provides nutrients of high value.

**Mineral Mud Wrap
with Facial Massage** 40 min. | 40,00 €

The mineral mud wrap has a natural cleansing power and a strong therapeutic effect on the skin, body and bones. This wrap detoxifies and slows the ageing process of the skin, while the massage reduces stress and tensions.

ANTI-CELLULITE CARE AND BODY SHAPING

Detox Whole Body Massage with Aloe-Vera Gel from Fresh Leaves *60 min. | 65,00 €*

You will experience a massage and care of the whole body with exclusive oils of especially effective plants, the Moroccan healing soil, full of minerals and the unique gel of a fresh Aloe-Vera leaf. This will activate the lymph, detoxify the body, reduce cellulite and visible strengthen connecting tissue and veins. The elasticity and tone of the skin will improve.

Aromatic Corps Minceur *60 min. | 65,00 €*

Aromatic Corps is a 60-minute anti-cellulite treatment, in which toxins are flushed from the body through special techniques. The treatment applies special anti-cellulite oil and a sauna mask with green tea, which helps the hydration, firms and smooths the skin. The effects of the treatment are firm tissue and firm, smooth skin, less visible cellulite and eliminated excess fluids. The later is achieved by the exclusive Guinot Massage Technique against cellulite that uses detoxifying massage oil.

Aromatic Corps Douceur *60 min. | 50,00 €*

The treatment for improved well-being and a firmer body begins with a kiwi peeling and a whole body massage. The treatment is carried out for relaxation, for a beautiful, groomed appearance of the body and for re-establishing psychophysical balance.

Techni Minceur *60 min. | 50,00 €*

This multifunctional anti-cellulite or body firming wraps, where effects are visible already after one procedure, is a unique manual care for shaping of the body. Extracts of lotions which impregnate the bandages and that work into depth, are 100% natural, just as the process is 100% natural - manual. When using both types of bandages, a pronounced drainage effect (intensive de-watering and flushing toxins from the body), and improved circulation occurs.

Techni Minceur *80 min. | 70,00 €*

Wraps and anti cellulite massage

Anti cellulite massage *20 min. | 30,00 €*

The massage accelerates the excretion of waste from the body and promotes the blood circulation and elasticity of the skin.

FEET AND HANDS

Pedicure *50 min. / 33,00 €*

For a light step and the well-being of your feet. The basic foot treatment includes nail shaping, cuticle and foot care and the application of balm and nail painting.

Spa Pedicure *90 min. / 52,00 €*

Natural Manicure with Nail Painting *40 min. / 25,00 €*

Groomed hands are a sign of orderliness and beauty. The manicure includes the care of nails and cuticle and the application of a nourishing cream and nail painting.

Spa Manicure with Nail Painting *60 min. / 40,00 €*

French Manicure *50 min. / 30,00 €*

The manicure includes the care of nails and cuticle. the application of a nourishing cream and French nail painting.

Palm or Foot Wrap with Paraffin Wax *20 min. / 11,00 €*

Treat your hands and feet with a palm and foot wrap with paraffin wax that will deeply cleanse, moisturise and nourish your skin. After the treatment, your hands and feet will be soft, smooth and firm. We recommend it when having problems with rheumatic issues, especially, when hands are exposed to cold in winter.

Gelish Manicure *60 min. / 35,00 €*

Gelish Pedicure *80 min. / 45,00 €*

Gelish Polishing of Toenails *60 min. / 35,00 €*

DEPILATION

A new, innovative way of depilation that is skin friendly. It does not cause allergies, due to its herbal origin. It ensures a long lasting smooth skin effect without fracturing and ingrown hairs.

Bikini *11,00 €*

Legs – whole *26,00 €*

Legs – knee high *16,00 €*

Face – partial *6,00 €*

Arms *20,00 €*

Arms – elbow high *16,00 €*

Back *26,00 €*

Belly *20,00 €*

Arm pits *11,00 €*



PROGRAMMS FOR MOTHERS-TO-BE

**A massage, fitted
to future mothers**

20 min. | 24,00 €

**Pampering for futures
mothers the Olimian way**

60 min. | 62,00 €

MINI CORNER FOR OUR YOUNGEST

Chocolate Massage

30 min. | 30,00 €

Massage with Aromatic Oils

20 min. | 30,00 €

Mini Manicure

20,00 €

Facial Massage

20 min. | 21,00 €



WELLNESS PACKAGES

Instant Relaxation 90 min. | 74,00 €

Body relax Foot Reflexology Massage.

Wellness for Him 140 min. | 134,00 €

Vitae Massage, hydrating treatment with fresh Aloe-Vera and foot reflexology massage.

Detoxification 152,00 €

Body peeling, detoxifying whole body massage with fresh Aloe-Vera leaves, seaweed wrap and anti-cellulite massage.

Body Shaping 160,00 €

A composed procedure of Aromatic Corps Douceur, Aromatic Corps Minceur and Techni Minceur.

PAMPERING FOR TWO

Romantic Pampering 120 min. | 149,00 €

a romantic bath for two, massage Olimia for him and massage Vitae for her

Romance in Candlelight 100 min. | 114,00 €

a romantic bath for two, a 40-minute relaxation massage for him and her

Romantic Bath for Two 60 min. | 45,00 €

RESERVATION OF SERVICES

We recommend you to book your service in Wellness Centre Spa Armonia at least a few days before the desired date. This way, you will ensure a reservation at a time that suits you best.

HOW TO CANCEL AN ORDERED SERVICE

We kindly ask you to inform us about a possible cancellation of your reservation at least 5 hours prior to the reserved date. In case you shall not cancel the ordered service and will not make use of it, we will surcharge you 50% of the price of the service.

BEI GESUNDHEITLICHEN BESCHWERDEN

We kindly ask you that upon reservation, you point out eventual health issues or limitations. This way we are able to recommend you the treatments that are best suitable for you.

SPA ADVICE

We recommend that you come to Wellness Centre Spa Armonia at least 5 minutes before the beginning of the treatment. We recommend our hotel guests to come dressed in bathrobes. Outside guests will receive a locker, bathrobe and slippers upon arrival. We recommend that you do not take jewellery, telephones and money with you, for these have to be removed before each treatment. We do not vouch for lost objects. Do not consume foods or alcoholic drinks before the treatment.

WELLCARD – LOYALTY CARD

The loyalty card Wellcard is a CLUB that works on the principle of collecting points for every purchase in Terme Olimia and that will bring you PRIZE VOUCHERS, which you can redeem at every sales point of Terme Olimia. Fill in the application form and become a holder of the Wellcard loyalty card that will let you enjoy the advantages and surprises that it brings.

