

Wellness. In več

Teater vetra finska savna // finnish sauna**15.00** **Medeno vrtničenje**
Honey whirling**16.00** **Sladka pomaranča**
Sweet orange**17.00** **Tropska vročica**
Tropical heat**18.00** **Meta mix**
Mint mix**20.30** **Olimsko razvajanje**
Olimian pampering**21.30** **Dotik mediterana**
Touch of the Mediteran**22.30** **Obisk čokoladnice**
Visit from chocolate factory***OBVESTILO**

Za programe označene z * je obvezna prijava zaradi omejenega števila mest. Potrdilo o udeležbi na izbranem terminu prevzimate v Restavraciji Pomum največ 20 minut pred začetkom programa. Število prijavljenih je omejeno na 10 oseb na termin v Finski savni Savu. Prijava ni potrebna za programe v savni Teater vetra, vendar je število mest omejeno na 40. Programi v parni savni Mamosa so plačljivi, omejeno je na 4 mesta. Pridržujemo si pravico do spremembe programa.

***NOTICE**

Registration is required for programmes marked with * due to limited spots available in the sauna. The confirmation of participation on the selected session can be picked up in the Pomum Restaurant, no more than 20 minutes before the start of the programme. The number of applicants is limited to 10 people per session in the Finnish Sauna Savu. Registration is not required for the Wind Theater sauna programme, although the number of spaces is limited to 40. The Mamosa steam sauna programmes are chargeable, limited to 4 places. We reserve the right to change the programme.

Mamosa parna savna // steam sauna**11.00** **Program za dobro jutro** **4,00 €***
Good morning programme**15.30** **Čokoladno razvajanje** **4,00 €***
s kokosom
Chocolate pampering
with coconut**17.30** **Zlati piling** **4,00 €***
Golden peeling**20.00** **Olimski med** **4,00 €***
Olimian honey**23.00** **Program za lahko noč** **4,00 €***
Good night programme**Savu** finska savna // finnish sauna**13.00** **Sproščujoči program** **prijava***
Relaxing programme **registration*****Ob bazenu** at the pools**11.30** **Ai Chi****Nivana** počivališče // resting area**11.00** **Pretočnost čaker** **samo v ponedeljek**
Chakra flow **only on monday****11.00** **Vodena zvočna** **samo v torek**
meditacija **only on tuesday**
Guided sound meditation**11.00** **Himalajske sklede** **samo v sredo**
Himalayan bowls **in petek**
only on Wednesday
and Friday**12.15** **Zvočna kopel z gongom**
Sound gong bath**17.15** **Zvočna kopel z gongom**
Sound gong bath

Wellness Orhidelia Wellness. In več

Teater vetra finska savna // finnish sauna

15.00	Meta mix Mint mix
16.00	Tropski program Tropical programme
17.00	Sladka pomaranča Sweet orange
18.00	Olimsko razvajanje Olimian pampering
19.00	Sproščujoči program Relax programme

Savu finska savna // finnish sauna

13.00	Medeno vrtnčenje Honey whirling	prijava* registration*
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Mamosa parna savna // steam sauna

11.00	Program za dobro jutro Good morning programme	4,00 €*
15.30	Čokoladno razvajanje s kokosom Chocolate pampering with coconut	4,00 €*
17.30	Zlati piling Golden peeling	4,00 €*
20.00	Olimski med Olimian honey	4,00 €*
23.00	Program za lahko noč Good night programme	4,00 €*

Ob bazenu at the pools

11.30	Ai Chi
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Nivana počivališče // resting area

11.00	Pretočnost čaker Chakra flow	samo v ponedeljek only on monday
11.00	Vodena zvočna meditacija Guided sound meditation	samo v torek only on tuesday
11.00	Himalajske sklede Himalayan bowls	samo v sredo in petek only on Wednesday and Friday
12.15	Zvočna kopel z gongom Sound gong bath	
17.15	Zvočna kopel z gongom Sound gong bath	